

INDIVIDUAL CRISIS MANAGEMENT PLAN

(Source: Therapeutic Crisis Intervention For Schools | Residential Child Care Project, Cornell University)

Student's Name:

Date:

Safety Concerns—Warnings—(if physical restraint is an option, which safety restraint should be employed based on any medication or history we know):

Current Issues—Potential Triggers (personal / family / social, etc.):

Behaviors of concern (hitting, biting, self-injury, etc.):

Intervention Strategies:

Pre-Crisis:

Triggering:

Escalation:

Outburst:

Emergency contacts (e.g., psychiatrist, psychologist, counselor, parents, etc.):

Review date for ICMP:

By Whom?