

CARE

EDITION 3

Creating Conditions for Change

by Martha J. Holden

CARE MATERIALS
BROCHURE
ORDERING INFORMATION

Where children grow up is important. Even more critical is the quality of care and type of experiences they have growing up wherever they are. Therapeutic care provides a safe place for children to experience caring relationships and learn new skills. To create these safe places, children and the adults who care for them must have a consistent, congruent experience. Children, families, and staff need to feel cared for and cared about, and appropriately challenged to grow, develop, and thrive.

The CARE: Creating Conditions for Change (CARE) program model, built on six principles that form the foundation for creating conditions for change, offers a framework for practice that enables caring adults and staff at all levels of the organization to provide such an experience. These core principles: developmentally focused, family involved, relationship based, competence centered, trauma informed, and ecologically oriented lay the groundwork for everyone to work cohesively in the best interests of the children in their care.

“This third updated and expanded edition of CARE provides a compelling vision of what high quality out-of-home care can and should be...”

—DR. HOWARD BATH CONSULTANT, INAUGURAL CHILDREN’S COMMISSIONER FOR AUSTRALIA’S NORTHERN TERRITORY CO-AUTHOR OF THE BOOK, **THE THREE PILLARS OF TRANSFORMING CARE**

“Therapeutic Residential Care is, at its essence, all about learning-through-living. In CARE, Third Edition, Martha Holden provides a comprehensive, detailed account of what learning-through-living means in contemporary child and youth care practice...”

—JAMES K. WHITTAKER, PH.D., CHARLES O. CRESSEY, ENDOWED PROFESSOR OF SOCIAL WORK EMERITUS, THE UNIVERSITY OF WASHINGTON

Martha J. Holden is a Senior Extension Associate with the Bronfenbrenner Center for Translational Research and the Director of the Residential Child Care Project at Cornell University. She provides technical assistance and training to residential child caring agencies, schools, juvenile justice programs, and child welfare organizations. She has been a teacher, a child protective service worker, and an administrator of a residential treatment agency for children. Ms. Holden has been studying and working to improve the quality of care for children in out-of-home placements throughout her career.

The book, *CARE: Creating Conditions for Change*, is available in **paperback** and **audiobook** formats from the publisher or from the Residential Child Care Project.

Please consult the table below to find out how to obtain the copy that best suits your needs.

Publisher:	Child Welfare League of America; 3rd edition (2023)
Language:	English
Paperback:	334 pages
ISBN-10:	978-1-58760-252-8
Item Weight:	8 ounces
Dimensions:	8 x 5 x .75 inches
Price per copy:	\$22.00 USD

FORMAT

ORDERING INSTRUCTIONS

Paperback

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